

Dhamma Topics for Eight Days for 2023 Monastic Retreat

During the Retreat, the Most Ven. Bhante G. mainly discusses
‘Ānāpānasati’ – “the Contemplation of Breathing” and Mindfulness.

Other Topics:-

1. Vision & Mission in Buddhism - (*Sammādiṭṭhi Sutta*)
2. The Qualities of the Dhamma & the Gradual Path of the Dhamma - (*Avijjā Sutta* (AN))
3. Confidence (*Saddhā* = ສຸຂໍ້ໂນ) in the Buddha's Enlightenment
4. The Four Noble Truths -The Great Discovery of the Buddha
5. The Dependent Origination - The Law of Cause & Effect - (*Paticcasumuppāda*)
6. Mindfulness - The Only Path to Liberation - (*Vibhaṅga Sutta*)
7. The Role of Monks – (*Sobhenti Sutta*) (AN2, 16)
8. Ethics & Skills in Buddhist Practice - (KARANIYA) METTA SUTTA)